



Supporting the wellbeing of neurodivergent C&YP in Edinburgh

Drop – In Support 2024

Craigmillar Library

10am -1pm Monthly on a Tuesday

10th of September, 15th of October, 12th of November, 10th of December.

Who is it for?

Our ND well service is for Parents who have a neurodivergent child 5-24years old who live in the City of Edinburgh. This includes children and young people with a diagnosis of autism, ADHD, and intellectual disability.

What can we help with?

We can provide a sounding board and listening ear from a skilled and experienced support worker. We can provide access to information, resources and guidance as needed. We can also refer you to our own services where suitable as well as our partners or signpost you to other services across the city that will best fit your needs.

How does it work?

Simply get in touch by emailing NDwell@barnardos.org.uk and booking a slot at a Drop-in.



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Drop – In Support

Barnardos, Oxfangs Road North EH14 1ED

Monday 1pm -3pm

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ND : well

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u-evolve

Norton Park Conference Centre
57 Albion Rd
Edinburgh
EH7 5QY

Twice a month on a Tuesday

1:30pm -3:30pm

3rd of September

17th of September

1st of October

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Drop – In Support

Silverknowes Golf club

Wednesday 9am- 12 noon

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Barnardos Siblings group

111 Oxfords Road North Edinburgh EH14 1ED

Monthly on a Saturday morning 10am -11.30am

Who is it for?

Children and young people aged 7- 12 years old who have a sibling who is neurodivergent.

What do we do?

We provide a safe and fun environment that children can learn more about neurodivergence as well as meeting others like themselves. We make sure to have lots of games and fun as well as an amazing snack!

How does it work?

Simply get in touch by emailing NDwell@barnardos.org.uk

let us know your child is interested in coming along.

(We will let you know the dates when you email.)

